

One-Page Profile Example

Josh Barbour



What is Great About Me:

I enjoy working with people, and helping others reach their goals. I have an excellent work ethic and I always give 100% in everything I do. I enjoy trying new experiences and sharing those experiences with my family and friends. I have a good sense of humor and I enjoy telling jokes (even if they are not funny).

To Be Successful Give Me:

I like to complete school work in a quiet space with few distractions. I also need time to complete the work; I do not feel I can do my best work when I am rushed. When faced with a big decision, I need to have processing time before making that decision. I have a lot of energy, and I am happiest when I have the opportunity to be active and burn off that energy. I need an activity or event to look forward to in order to help me get through the tasks I don't enjoy doing!



What is Important To Me:

My family is very important to me. I want to make sure they are happy and safe. It is important to me to give 100% in everything I do. I want to feel like I did the best I could at the end of the day. I feel it is important to set goals and take steps to reach those goals each day.