

Accepting Feedback LESSON Plan

Accepting feedback (sometimes called constructive criticism) from a supervisor is an especially important work skill. A supervisor might give you feedback because he or she wants you to improve or become better at some aspect of your job. The challenge is that this feedback may unintentionally make you feel badly because it might mean that you did something wrong. This lesson provides a strategy for students when they accept feedback from their supervisor. Watch Kellie Pickler accept feedback from Simon Cowell from 1:28-2:30 in the video. How does Kellie take Simon's feedback?

Pro Tip: Not all students will be comfortable with completing role plays. Students can demonstrate their understanding by writing role play scripts (and not performing them). Teachers can also practice with students by scheduling individual meetings (that way students do not have to perform in front of a group).

Lesson Objective: Students will differentiate criticism from constructive criticism/feedback.

Students will explore accepting feedback/constructive criticism from a worksite supervisor.

NOTE: Some of the articles refer to constructive criticism... sometimes using the word criticism can be negative for students.

Materials Needed:

- Teaching Students to Accept Criticism,
- 5 Tips to Accept Criticism,
- Criticism/Feedback Script

1) Constructive Criticism

- a) Watch: <http://www.youtube.com/watch?v=qFQl-rrDryM&feature=related> (1:28-2:30)
- i) Please describe Simon's reaction. What did he say was positive? What was negative? How did Kelly take it?
 - ii) Do you think Kelly feels bad? Please explain.

b) Students brainstorm:

- i) What is Criticism?

The expression of disapproval of someone or something based on perceived faults or mistakes.

- ii) How is Constructive Criticism/Giving someone Feedback different than Criticism?

Constructive Criticism/Feedback is intended to help someone improve or become better at something.

- iii) Does Constructive Criticism work?

- c) Watch: <http://www.youtube.com/watch?v=O91i0lOrdQk> (8 seconds-20 seconds)

- i) How is this criticism different than Kelly's? What is Simon's Goal?
- ii) What could Simon do or say to be less harsh?

2) Accepting Criticism/Feedback

- a) Students Brainstorm. Who gives you constructive criticism/feedback? Parents, Teachers, Supervisors, Coaches, etc.
- b) Watch: <http://www.youtube.com/watch?v=hxOcUQY5Ck4> (2:58-3:54)
- c) Students Read: Teaching Students to Accept Criticism.
 - i) Discuss: Do you think this will work? Why or why not?
 - ii) What is the best advice?
- d) Students write their own steps for dealing with criticism.

3) Write Role Play Scripts (Note students will not be asked to role play while distance learning!)

- a) Students break into groups and write role play script (this can be completed independently (for homework) or completed through zoom rooms.
- b) Come back to zoom class and share scripts.